## **Guide Gear Packing List**

Updated 2019

Guide Gear Items		
Number	Item	Description
1	Backpack	We recommend 65+ liters. WayForward sells Osprey backpacks for \$120.
1	Pack Cover	Used to protect backpack from rain.
2-3	Stuff Sacks	Helpful to store clothing, cooking supplies, bible/journal in.
1	Sleeping Bag	We recommend a 0-20 degree sleeping bag. Wayforward sell Mountain Hardware, Lamina 0 and Lamina 20 Reg, for \$110.
1	Bag Liner *	Used for keeping sleeping bag clean and for extra warmth.
1	Sleeping Pad	We recommend either a foam or inflatable sleeping pad.
1	Tent *	WayForward will provide a tarp for guides can sleep under, but guides will need to provide their own tent if they prefer that.
1-2	Cups	We recommend you having a two-cup or one for your coffee and another for meals.
1	Fork/Spoon	For eating meals with. It's sometimes helpful to have a couple options for eating / cooking.
1	Crazy Creek	Used for sitting at campsite.
2	Nalgenes	Used for drinking water on trail.
1	Whistle	Used in emergency if you or client gets separated from group.
1	Compass	We recommend a compass that accounts for declination.
1	Blister Kit	KT tape is helpful to have in guide gear for you and clients.
1	P Cord	Good to have on hand in case of emergency.
1	Multitool/Knife	Used daily on trail.
1	Cooking Utensils *	WayForward provides a spoon and spatula, but other cooking utensils are helpful to have on hand.
1	Can Opener	If not on your multitool kit, can openers needed to open canned food on trail.
1	Gaiters *	Helpful for snow, river crossings and bush-whacking.

<sup>\*</sup> Optional

## Suggestions for shopping:

Outdoor Research - dry bags, rain gear, gaiters, clothes Mountain Hardwear - clothes, tents, sleeping bags Osprey - Backpacks Liberty Mountain - Accessories

